November 6, 2020

Dear Residents and Family Members,

We received notice today that an employee of Mather Place in Wilmette has a **confirmed positive case of the Coronavirus disease** (COVID-19). The employee is resting at home and is in quarantine for 14 days. We wish the employee a speedy recovery.

Mather Place is interviewing this individual to determine if he/she was in close contact with residents and/or employees (meaning within 6 feet of anyone for more than 15 minutes). Individuals who have been in close contact will be notified.

## PLEASE LIMIT VISITS:

Out of an abundance of caution, we are encouraging family members to not visit in person, but instead consider visiting by phone or video to help keep our community safe. If you must visit in person, please keep your mask on while visiting, wash your hands upon entry, maintain at least six feet in distance, and keep your visits short.

We continue to monitor this evolving situation and once again ask for your support and vigilance in minimizing the spread of the virus.

## PROTECT YOURSELF & OTHERS:

The Village of Wilmette and Cook County are experiencing a substantial increase in Coronavirus cases. Please be mindful as you do errands and are around other people. As we enter flu season, we ask that you continue to be diligent in protecting yourself and others, with the following steps:

- practicing physical distancing (no closer than 6 feet away for no more than 15 minutes)
- good hand hygiene by washing your hands frequently for 20 or more seconds
- wearing masks that cover your mouth and nose when you are outside of your apartment home

## **SELF MONITOR FOR SYMPTOMS:**

Please self-monitor for symptoms of COVID-19, which include

- a loss of taste or smell
- cough
- fever or chills
- headache
- muscle pain
- sore throat
- shortness of breath
- gastrointestinal issues such as diarrhea, nausea, or vomiting
- pink eye, eye pain, or vertigo
- discoloration of the toes



If you experience any of these symptoms, please immediately reach out to your physician regarding your condition.

For questions, please call (847) 256.9585 or email <a href="mailto:bewell@matherplacewilmette.com">bewell@matherplacewilmette.com</a>.

Please take care and stay well.

Sincerely,

Katrina O'Neill Executive Director

PS: This letter is being shared with all residents' current emergency contacts.

