

# COVID-19 UPDATE

January 8, 2022

Dear Employees of Mather Place,

Please note that we received notice today that **an employee of Mather Place in Wilmette has a confirmed positive case of COVID-19**. We wish them a full recovery.

Mather Place is interviewing this individual to determine if he/she was in close contact with residents and/or employees (meaning within 6 feet of anyone for more than 15 minutes). Individuals who have been in close contact will be notified.

## **STAY HOME IF YOU FEEL ILL:**

**Each of you plays an essential role in keeping the virus out of our community. Please continue to play it safe!**

1. If you have cold like symptoms, **STAY HOME**, and contact your physician. **Do not come to work, and notify HR immediately.**
2. Practice **good hand hygiene** by washing your hands frequently for 20 or more seconds, or using hand sanitizer.
3. Practice **physical distancing** with others (no closer than 6 feet away for no more than 15 minutes).
4. **Wear a good-quality face mask** that covers your mouth and nose any time you are indoors in public. A surgical mask is recommended over cloth masks.
5. **Avoid large gatherings.**

## **COVID SYMPTOMS**

Symptoms of COVID-19 include a loss of taste or smell, cough, fever, chills, muscle pain, headache, sore throat, shortness of breath, pink eye, eye pain, vertigo, and gastrointestinal issues such as diarrhea, nausea, or vomiting.

**If you are experiencing any symptoms of COVID-19, if you have been exposed to someone who has tested positive for COVID-19, or if you have tested positive, please do not come to work. Please notify HR immediately.**

Take care and stay well.

Sincerely,

Katrina O'Neill  
Executive Director