

# COVID-19 UPDATE

January 8, 2022

Dear Residents and Family Members,

Please note that we received notice today that **an employee of Mather Place in Wilmette has a confirmed positive case of COVID-19**. We wish them a full recovery.

Mather Place is interviewing this individual to determine if he/she was in close contact with residents and/or employees (meaning within 6 feet of anyone for more than 15 minutes). Individuals who have been in close contact will be notified.

## **WHAT YOU CAN DO:**

The two most effective steps you can take to help control the surge of COVID-19 in our community are:

- 1. Stay home if you feel sick, even if you have mild, cold-like symptoms.**
- 2. Wear a face mask at all times when you are outside your apartment home.**

In addition, please continue to

- Practice good hand hygiene** by washing your hands frequently for 20 or more seconds, or using hand sanitizer.
- Physically distance** from others (no closer than 6 feet away for no more than 15 minutes).
- Wear a good-quality face mask** that covers your mouth and nose any time you are indoors in public. A surgical mask is recommended over cloth masks.
- Avoid large gatherings.**

## **COVID-19 SYMPTOMS**

Symptoms of COVID-19 include a loss of taste or smell, cough, fever, chills, muscle pain, headache, sore throat, shortness of breath, pink eye, eye pain, vertigo, and gastrointestinal issues such as diarrhea, nausea, or vomiting.

**If you think you have COVID-19, please contact your physician, quarantine in your apartment home, and inform the Concierge at (847) 256.9300.**

Take care and stay well.

Sincerely,

Katrina O'Neill  
Executive Director

*PS: Please note that this letter is being shared with all residents' current emergency contacts.*